

## Total cost breakdown 2024 Professional training as Lomilomi practitioner with AlohaSpirit diploma 11 modules – 330 learning hours

Module 1: Introduction to Lomilomi Therapy (4 days/32 hours)	CHF	990
Module 2: Deepened massage skills back side (4 days/32 hours)	CHF	990
Module 3: Deepened massage skills front side (4 days/32 hours)	CHF	990
Module 4: Intensive week Lomilomi Therapy* (6 days/60 hours)	CHF 1'500	
Module 5: Hawaiian language and values with Kumu Keala Ching (2 days/16 hours)	CHF	490
Module 6: Skills training (exam preparation day - 1 day/8 hours)	CHF	250
Module 7: Consolidation afternoons (min. 3 afternoons à CHF 150/ à 5 hours)	CHF	450
Module 8: Exam preparation and diploma examination (4 days/32 hours) plus examination fees incl. diploma and course confirmation	CHF CHF	990 350
Module 9: Lomilomi practice treatments with protocol (75 hours - 67 hours of guided self-study and 8 contact hours)		
Module 10: Self-awareness (3 Lomilomi massages for self-awareness) Prices vary		
Module 11: Method-specific medical basics (4 days/32 hours) (when booking all 4 days)	CHF	900
Total costs professional training (without module 10)	CHF 7'900	

<sup>\*</sup> For the intensive week module 4, which takes place in Novaggio/Malcantone (TI) there are additional costs for full board (vegetarian meals). Depending on the room between CHF 120.- and 135.- per person and night.

All courses, except for the intensive week (module 4), take place in our Hale AlohaSpirit at Alderstrasse 28 in 8008 Zürich.