



## AlohaSpirit Professional Training Lomilomi 2025

### 11 modules – 342 learning hours

Course title	Dates	Course duration	Costs CHF
<b>Module 1</b> – Introduction to Lomilomi Therapy	8 – 11 January 2025 4 - 5 & 11 – 12 April 2025 10 - 13 September 2025	4 days à 8 hours Total 32 hours	990.-
<b>Module 2</b> – Deepened Massage Skills (Back Side)	5 - 8 February 2025 2 - 3 & 9 - 10 May 2025	4 days à 8 hours Total 32 hours	990.-
<b>Module 3</b> – Deepened Massage Skills (Front Side)	12 - 15 March 2025 6 - 7 & 13 - 14 June 2025	4 days à 8 hours Total 32 hours	990.-
<b>Module 4</b> – Intensive week*	25 - 31 August 2025	6 days à 10 hours Total 60 hours	1'500.-
<b>Module 5</b> – Hawaiian Language and Values with Kumu Keala Ching	21 - 22 June 2025	2 days à 8 hours Total 16 hours	490.-
<b>Module 6</b> – Skills Training	10 October 2025	1 day à 8 hours	250.-
<b>Module 7</b> – Consolidation afternoons to:  Modul 1  Modul 2  Modul 3  Modul 4	  24 January / 25 April / 26 September 2025  21 February / 21 May 2025  28 March / 2 July 2025  19 September 2025	  3 afternoons à 5 hours Total 15 hours	  450.- (ea 150.-)
<b>Module 8</b> Exam Preparation and Diploma Examination **	3 - 6 December 2025	4 days à 8 hours Total 32 hours	990.- 350.-



Course title	Dates	Course duration	Costs CHF
<b>Module 9</b> – Practice Treatments with Protocol		75 Hours (67 hours of guided self-study and 8 contact hours)	
<b>Module 10</b> – Self-Awareness	3 Lomilomi-Massages for self-awareness	8 hours	
<b>Module 11</b> – Method-Specific Medical Basics	Day 1 – 24 May 2025 Day 2 – 16 August 2025 Day 3 – 18 October 2025 Day 4 – 22 November 2025	4 days à 8 hours Total 32 hours	900.-
<b>Total</b> -costs of professional training with single booking (see below for further options)		342 hours	8'100.-

\* Our intensive week (module 4) takes place in Novaggio (TI). In addition to the course costs, there are additional costs for the vegetarian full board (between CHF 150.- and 190.-).

\*\* Examination fees incl. diploma and course confirmation

### Our booking options

**AlohaSpirit offers you three different ways to book your training.**

1. Booking modules 1 to 11 individually: CHF 8'100.-
2. Booking modulea 1 bis 11 as a package: CHF 7'700.- (reduction CHF 400.-)
3. Booking modules 2 bis 11 as a package: CHF 6'810.- (reduction CHF 300.-)

Prerequisites option 2: Mutual agreement and completion of the entire course within two years of module 1 - total amount as a one-off payment.

Prerequisites option 3: Mutual agreement and completion of the entire course within two years of module 2 - total amount as a one-off payment. The prerequisite is prior completion of Module 1 (introductory course).

All courses, apart from module 4 (Ticino) and module 5 (Zurich area), take place in our Hale AlohaSpirit at Alderstrasse 28 in 8008 Zurich.

www.AlohaSpirit.ch

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