



AlohaSpirit Professional Training Lomilomi 2026

11 modules – 342 learning hours

Course title	Dates	Course duration	Costs CHF
Module 1 – Introduction to Lomilomi Therapy	7 – 10 January 2026 10 - 11 & 17 – 18 April 2026 9 - 12 September 2026	4 days à 8 hours Total 32 hours	990.-
Module 2 – Deepened Massage Skills (Back Side)	4 - 7 February 2026 8 - 9 & 15 - 16 May 2026	4 days à 8 hours Total 32 hours	990.-
Module 3 – Deepened Massage Skills (Front Side)	11 - 14 March 2026 5 - 6 & 12 - 13 June 2026	4 days à 8 hours Total 32 hours	990.-
Module 4 – Intensive week*	17 - 23 August 2026	6 days à 10 hours Total 60 hours	1'700.-
Module 5 – Hawaiian Language and Values with Kumu Keala Ching	20 - 21 June 2026	2 days à 8 hours Total 16 hours	490.-
Module 6 – Skills Training	9 October 2026	1 day à 8 hours	250.-
Module 7 – Consolidation afternoons to: Modul 1 Modul 2 Modul 3 Modul 4	 23 January / 29 April / 25 September 2026 20 February / 27 May 2026 27 March / 1 July 2026 4 September 2026	 3 afternoons à 5 hours Total 15 hours	 450.- (ea 150.-)
Module 8 Exam Preparation and Diploma Examination **	9 - 12 December 2026	4 days à 8 hours Total 32 hours	990.- 350.-



Course title	Dates	Course duration	Costs CHF
Module 9 – Practice Treatments with Protocol		75 Hours (67 hours of guided self-study and 8 contact hours)	
Module 10 – Self-Awareness	3 Lomilomi-Massages for self-awareness	8 hours	
Module 11 – Method-Specific Medical Basics	Day 1 – 2 May 2026 Day 2 – 8 August 2026 Day 3 – 9 September 2026 Day 4 – 17 October 2026	4 days à 8 hours Total 32 hours	900.-
Total -costs of professional training with single booking (see below for further options)		342 hours	8'100.-

* Our intensive week (module 4) takes place in Novaggio (TI). In addition to the course costs, there are additional costs for the vegetarian full board (between CHF 150.- and 190.-).

** Examination fees incl. diploma and course confirmation

Our booking options

AlohaSpirit offers you three different ways to book your training.

1. Booking modules 1 to 11 individually: CHF 8'100.-
2. Booking modulea 1 bis 11 as a package: CHF 7'700.- (reduction CHF 400.-)
3. Booking modules 2 bis 11 as a package: CHF 6'810.- (reduction CHF 300.-)

Prerequisites option 2: Mutual agreement and completion of the entire course within two years of module 1 - total amount as a one-off payment.

Prerequisites option 3: Mutual agreement and completion of the entire course within two years of module 2 - total amount as a one-off payment. The prerequisite is prior completion of Module 1 (introductory course).

All courses, apart from module 4 (Ticino) and module 5 (Zurich area), take place in our Hale AlohaSpirit at Alderstrasse 28 in 8008 Zurich.

www.AlohaSpirit.ch

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